

Guest Story

Answering the Call to Caregiving

Betty's daughter and son-in-law Debbie and Robert were thrown into the role as her caregivers in September 2015 when Betty and her husband were involved in a serious car accident. Betty's husband, Dale did not survive his injuries. Betty had been diagnosed with dementia in April 2014. When Dale passed away, Betty was already at a point



where living on her own was no longer realistic. Debbie and Robert immediately took on the role as her caregivers and relocated from North Carolina to Indianapolis. They moved in with Betty so she could stay where she was most comfortable.

Debbie and Robert attended a caregiver support group where they learned about Still Waters. Within two weeks they had met with staff, toured the facility, and made the decision to enroll Betty full time.

Having Betty attend Still Waters allowed Robert and Debbie to continue working without worrying about Betty's safety. The two Saturdays a month Betty attends Still Waters provides the couple with some rare time alone together. The stimulation, activities, and health monitoring provided by Still Waters created the structure that Betty needs as her illness progresses.

As Debbie says, "There are many difficult decisions that a caregiver has to make when providing full time care to a loved one. Luckily, because of Still Waters, we do not have to compromise our desire to take care of mom at home as long as possible. Still Waters is definitely making a difference in the lives of caregivers and their families."